

CURRICULUM VITAE

Surname: Tsitsas

Name: George

EDUCATION

1996 B.A. in Philosophy, National and Kapodistrian University of Athens (grade: very good)

2007 B.A. in Psychology, National and Kapodistrian University of Athens (honors degree)

2003 Master's degree (MSc) in Counselling Psychology, City University, London.

2009 PhD in the field of Counselling Psychology, Department of Education and Early Childhood Education (grade: excellent).

Now. Postdoctorate at the University of Athens.

EDUCATION

1996 B.A. in Philosophy, National and Kapodistrian University of Athens (grade: very good)

2007 B.A. in Psychology, National and Kapodistrian University of Athens (honors degree)

2003 Master's degree (MSc) in Counselling Psychology, City University, London.

2009 PhD in the field of Counselling Psychology, Department of Education and Early Childhood Education (grade: excellent).

Now. Postdoctorate at the University of Athens.

CONTINUING VOCATIONAL TRAINING

1. Center for Psychological Studies. Seminar on the diagnosis and treatment of children and adolescents with dyslexia and learning disabilities (45 hours), held in Athens from 25 October to 17 November 1998.

2. City University. Seminar on the systemic model (introduction to systemic thinking and practice) 2 academic semesters (100 hours).

3. City University. Seminar on the Psychodynamic model and its practical applications (15 hours), held in London from 28 January to 27 February 2000.

4. City University. Seminar on Clinical Behavioral Therapy (15 hours), held in London from 3 March to 27 March 2000.

5. Páddington Hospital. Seminar on counseling of people who have lost loved ones, held in London from 1 March to 15 March 2000.

6. Training in systemic therapy by Mr. Karagiannis, Psychiatrist, held in Athens from 11 November 2000 to 10 May 2002.

7. Center of Psychological Applications, 2nd chair in a systemic group with Mrs. Sotirhou (2006-now).

8. Private practice (2004-now).

9. Training in systemic therapy by the Laboratory for the Investigation of Human Systems (2013-2017)

EXPERIENCE

Harokopio University, Election as Associate Professor

Harokopio University, Election as Special Teaching Staff Election to grade A'

University of Neapolis, Postgraduate program in Counselling Psychology, teaching of courses
1. Couple and Family Therapy and 2. Group Therapy.

University of Neapolis, Postgraduate program in Educational Psychology, teaching courses
1. Gender identities during Adolescence 2. Methodology of Scientific Research and Statistics (coordinator of the course). 3. Scientific Research Methodology 2 (course coordinator). 4. Counseling in the school community (coordinator of the course).

National and Kapodistrian University of Athens, Postgraduate Program, Department of Medicine, Health Promotion and Education, Co-teaching of the course, 'Counseling Skills'.

National and Kapodistrian University of Athens, Postgraduate Program, Department of Nursing Co-teaching of the course, 'Communication and Interpersonal Relations'.

University of West Attica, Department of Midwifery, Postgraduate Program Advanced & Documented Obstetrics Care, Teaching of the unit, Dimensions of the personality.

National and Kapodistrian University of Athens, Postgraduate Program 'Counseling Psychology and Counseling in Education, Health, Work, Co-teaching of the course 'systemic counseling techniques' 2 years.

Harokopio University, Head of the Student Counseling Center,

Harokopio University, Department of Science of Dietetics and Nutrition Teaching the course: Psychology

University of Athens, Postgraduate Program 'Counseling Psychology and Counseling in Education, Health, Work, Supervisor and instructor in a group of students practicing diagnostic and counseling work.

Department of Education and Early Childhood Education, University of Athens Teaching the course 'Counseling Skills in Education'

Department of Education and Early Childhood Education, University of Athens Teaching the course 'Counselling Psychology'

Harokopio University Department of Home Economics and Ecology Co-teaching of the course "Pedagogical Psychology I"

Harokopio University Department of Home Economics and Ecology Teaching the course "Pedagogical Psychology I"

Harokopio University Department of Science of Dietetics and Nutrition postgraduate program "Applied Dietetics - Nutrition" Teaching of the course "Psychology of behavior"

A.S.P.A.I.T.E (Higher School of Pedagogical and Technological Sciences – formerly SELETE) postgraduate 'MA in Education' Taught course: "Counseling"

Department of Biology, University of Athens Teaching the course "Pedagogical Psychology" at the Postgraduate Diploma "Current Trends in the Didactics of Biological Courses and New Technologies"

Teaching in the Specialization Programs of the University of Macedonia of the modules: 'Counseling for learning difficulties' 'Counseling for alcohol'

University of Macedonia Department of Educational and Social Policy Postgraduate Specialization Program, 'Continuing Education' Teaching part of the course: 'Modern approaches to adult psychology'

Aristotle University of Thessaloniki, Department of Psychology. EPEAEK 2 "Promoting gender equality in the transition from education to the labour market: counselling and career guidance actions from a gender perspective" Supervisor and trainer in the team for the evaluation and supervision of the implementation of SEP programs within the framework of the program

Department of Education and Early Childhood Education, Homer's Counseling Center, External Associate Counseling Student Group Counseling on the subject: "Assertiveness and self-esteem"

Individual counseling to Students Harokopio University Teaching laboratory exercises from the courses (407/80): Pedagogical psychology

Panteion University of Athens, Department of Psychology Counseling of groups of students on the subject: "Assertiveness and self-esteem"

National and Kapodistrian University of Athens, Student Counseling Center, Counseling of groups of students on the subject: "Assertiveness and self-esteem"

National Health System of England, Alcohol Counselling Centre, London. individual counseling meetings with the psychiatric team supervised by a clinical psychologist

National Health Service of England, Orchards Medical Centre, London. individual counseling meetings with the psychiatric group supervision by a counselling psychologist

Kids Company, Children's Advisory Board, London. individual counseling with children art therapy with groups of children supervised by an educational psychotherapist

☒ National Health Service of England, Maudsley Hospital, London group counseling therapy to combat anxiety supervision by a counselling psychologist

Army, Health Corps Fulfillment of military service with the specialty of The Health Psychologist:

ANNOUNCEMENTS AT INTERNATIONAL AND GREEK CONFERENCES

1. 8th Panhellenic Conference of Psychological Research held in Alexandroupolis from 24 to 27 May 2001. At the Conference I made an announcement together with Mrs. Malikiosi-Loizou on the subject: "Counselling Psychology in the Framework of the Army".
2. 9th Panhellenic Conference of Psychological Research held in Rhodes from May 21 to May 24, 2003. At the Conference I made an announcement together with Mrs. Malikiosi-Loizou on the subject: 'A scale of measurement of empathy'.
3. 1st Panhellenic Conference of the Counseling Psychology Branch of EL.PS.E, held in Athens from 27 to 29 September 2003. At the Conference I made an announcement together with Mrs. Kalantzi-Azizi and Mrs. Psarras on the subject: 'The ability to claim between the two sexes'.
4. 1st Panhellenic Conference of PSEVE held in Volos from 21 to 23 November 2003. At the Conference I made an announcement on the subject: 'Assertive behaviour and self-development'.
5. Conference on 'Emotion and cognition: Contemporary facts and perspectives', held at Harokopio University from 29 to 30 March 2004. At the Conference I made an announcement on the subject: 'The correlation of self-esteem and personality traits in children with learning disabilities'.
6. 1st Panhellenic Congress of Health Psychology held at Panteion University from 1 to 2 October 2004. At the Conference I made an announcement together with Mrs. Psarra on the subject: 'The burnout of higher education teachers'.
7. European Conference on Special Education held in Thessaloniki from 17 to 19 November 2004. At the Conference I made an announcement together with Mrs. Malikiosi-Loizou on the subject: "The enhancement of the self-assessment of dyslexic children and adolescents: intervention program".
8. 1st International Conference of Psychological Society of the Northern Greece, held in Thessaloniki from 3 to 5 December 2004. At the Conference I made an announcement together with Mrs. Malikiosi-Loizou on the subject: 'Student empathy and creativity as related to the parents' educational level'.
9. Panhellenic Conference with International Participation 'School and Family' held in Ioannina from 18 to 20 March 2005. At the Conference I made an announcement together with Mr. Angelopoulos, Mr. Milionis, Mr. Manios and Mr. Vlachakis on the subject: "Relationship of family involvement with personality traits and nutritional behavior of a child".
10. Two-day conference of the Department of Counselling Psychology of el.ps.e on the subject: 'Multicultural Counselling Psychology: Theory and applications in the community' held in Komotini from 4 to 5 March 2005. At the two-day conference I made an announcement together with Mrs. Malikiosi-Loizou on the subject: 'Education in empathy'.
11. Two-day conference of the Department of Counselling Psychology of el.ps.e on the subject: 'Multicultural Counselling Psychology: Theory and applications in

the community' held in Komotini from 4 to 5 March 2005. At the two-day conference I made an announcement on the subject: 'Assertive behavior'.

12. Workshop on the subject: "Applications of Counselling Psychology in the student population" held in Athens on April 8, 2005. At the Workshop I made an announcement on the subject: "A training program in assertive behavior". SYKEOM (Homer's Counseling Center) of the TEAPI (Department of Education and Early Childhood Education of the University of Athens)

13. Workshop on the subject: 'Possibilities for transition to Higher Education and the Labour Market' held in Athens on May 10, 2005. At the workshop I made an announcement on the subject: 'Communication problems between parents and adolescents'.

14. 27th International School of Psychology Colloquium 17-20 July 2005. At the Conference I made an announcement together with Mr. Angelopoulos, Mr. Milionis, Mr. Manios and Mr. Vlachakis on the subject: 'Disordered eating attitudes, obesity indices and psychological factors: A cross-sectional study in primary school children in the prefecture of Ioannina, Greece'.

15. 27th International School of Psychology Colloquium held in Athens from 17 to 20 July 2005. At the Conference I made an announcement together with Mrs. Psarra, Mrs. Kalantzis and Mrs. Sofianidou on the subject: 'Behavior Problems in school: The Ecosystemic approach'.

16. 27th International School of Psychology Colloquium held in Athens from 17 to 20 July 2005. At the Conference I made an announcement on the subject: 'Children's perceptions of parenting styles and their impact on school achievement and social behavior'.

17. 2nd International Congress on Brain & Behaviour held in Thessaloniki from 17 to 20 November 2005. At the Conference I made an announcement together with Mr. Angelopoulos, Mr. Milionis, Mr. Manios and Mr. Vlachakis on the subject: 'Psychological and anthropometrical risk factors in the appearance of eating disorders in 11 years old children in the prefecture of Ioannina, Greece'.

18. 13th European Conference on Personality held in Athens from 22 to 26 July 2006. At the Conference I made an announcement together with Mrs. Kassotaki, Mrs. Antonopoulou and Mrs. Zenakou on the subject: 'Parenting styles and children's personality questionnaire'.

19. International Association for Relationship Research Conference held in Crete from 6 to 10 July 2006. At the Conference I made an announcement on the subject: 'Children's perceptions of parenting styles and their impact on school and social behavior'.

20. 12th European meeting of International Association for Adolescent Health 21-23 September 2006. At the Conference I made an announcement together with Mr. Angelopoulos, Mr. Milionis, Mr. Manios, Mr. Moschonis and Mr. Vlachakis on the subject: 'Obesity and eating disordered attitudes, data from a cross sectional study in primary schoolchildren in the prefecture of Ioannina, Greece'.

21. 2nd Panhellenic Congress of Counselling Psychology on "Counselling Psychology in Men: Theory, Research, Intervention" held in Athens from 23 to 26 November 2006. At the Conference I made an announcement together with Mrs. Kassotaki, Mrs. Antonopoulou and Mrs. Zenakou on the subject: "The typology of the Greek father."

22. 11th Panhellenic Conference of Psychological Research that took place in Crete from 18 to 22 April 2007. At the Conference I made an announcement together with Mrs. Kassotaki, Mrs. Antonopoulou and Mr. Zenakou on the subject: "The role of the Greek father in shaping the self-perception of his children."
23. 3rd Panhellenic Conference of the Department of Clinical Psychology of el.ps.e. 9 – 11 November 2007. At the Conference I made an announcement on the subject: The therapeutic approach in case of student counseling.
24. 29th ISPA (International School Of Psychology Association) colloquium held in Tampere, Finland on the subject: 'Meeting individual and community needs'. At the Conference I made an announcement together with Mrs. Koytroumba, Mrs. Antonopoulou and Mr. Zenakou on the subject: Teachers' attitudes to family-school involvement
25. 30th ISPA (International School Psychology Association) colloquium held in Utrecht, The Netherlands (2008) on the subject: 'school psychology in a changing society'. At the Conference I made an announcement together with Mrs. Antonopoulou and Mrs. Zenakou on the subject: Difficulties that siblings of children with special needs experience.
26. 1st Panhellenic Conference for the Promotion of Mental Health held in Athens in December 2008. At the Conference I made an announcement on the subject: 'Education in assertiveness'.
27. 1st Panhellenic Conference of Cognitive Behavioral Approaches in Children & Adolescents held in Athens in April 2009. At the Conference I made an announcement together with Mrs. Antonopoulou on the subject: Parental typology and her role in the development of the theory of the mind
28. 2nd Panhellenic Conference of Psychological Research of the Greek Psychological Society (ELPSE) held in Volos from 16-19 May 2009. At the Conference I made an announcement together with Mr. Giovazolias and Mrs. Papastylianou, on the subject: The Interaction of Individual and School Factors in a Multicultural Environment: Implications on Issues of Counseling.
29. 12th Panhellenic Conference of Psychological Research of the Greek Psychological Society (ELPSE) held in Volos from 16-19 May 2009. At the Conference I made an announcement together with Mr. Giovazolias, Mrs. Maridaki-Kassotaki, Mrs. Mitsopoulou, and Mrs. Antonopoulou, on: The Empathy Scale for Children and Adolescents: Factorial Analysis in a Greek Sample.
30. Organization of an Educational Seminar of Counselling Psychology on the subject: "Bullying – Victimization Management and Treatment of Behavioral Problems", lasting 10 hours, under the auspices of the Counseling Psychology Branch of ELPSE. ASPETE, 7-8 March. Kounenou, K., Giovazolias, Th., (2009).
31. 3rd Panhellenic Congress of Counselling Psychology, Branch of SYPS (ELPSE). Rethymnon: 6-9 May. Kounenou Kalliopi, Koumoundourou A. Georgia, Tsitsas Georgios, Kontakidou Ermina & Marinos Paraskevi. Dependence on the Internet and personality traits. The role of neuroticism

32. 3rd Panhellenic Congress of Counseling Psychology, Branch of SYPS (ELPSE). Rethymnon: 6-9 May. Vamvaka P. & Tsitsas G. Attitude of Greek teachers towards foreign students and personality traits
33. 3rd International Conference Excellence in Education, 8-11 June 2010, Charokopio University, Athens, Greece. Tsitsas, G., Douroukas, K., Antonopoulou, K., & Kounenou, K. (2010). Teachers' attitudes towards gifted children.
34. 11th Panhellenic Congress of Nutrition and Dietetics. Clinical Seminar , Handling eating disorders Speaker: Georgios Tsitsas (2011).
35. 4th Panhellenic Congress of Counselling Psychology, (2012). "The role of Counselling Psychology in crisis conditions" 1-4 November 2012 Training in assertive behavior in Greek students. G. Tsitsas and M. Malikiosi-Loizou
36. 1st Conference on "Education Sciences" with the collaboration of the Physics Departments of the University of Athens held in Athens in June 2013. At the Conference I was a guest speaker on the topic: Crisis management at school.
37. 12th Panhellenic Congress of Nutrition and Dietetics. Anorexia nervosa: basic concepts and challenges Speakers: Evanthia Karageorgou - Georgios Tsitsas. (5-8 December 2013).
38. 12th Panhellenic Congress of Nutrition and Dietetics Communication with the client (psychological characteristics) Speaker: Georgios Tsitsas (5-8 December 2013).
39. Two-day conference in collaboration with the Student Counseling Center of Harokopio University (2-3 May 2014): Counseling support of peer: Supporting each other. At the two-day conference I was a guest speaker on the topic: Crisis management at school. I'm learning to put myself in the shoes of the other : a program of training in empathy
40. 5th Panhellenic Congress of Counselling Psychology, Topic: Counselling Psychology: Current trends, future orientations (6-9 November 2014). At the Conference I made an announcement on the subject: An intervention program to avoid violative-abusive friendly and fellow relationships in students: Pilot research.
41. 15th Panhellenic Conference of Psychological Research on "Psychology in Greece and the Mediterranean". 27-31 May 2015, Nicosia, Cyprus. Announcement titled "The attitude of Greek teachers towards multiculturalism: Weighting the Teacher Multicultural Attitudes Survey (TMAS)" with A. Athanasopoulou, G. Tsitsas, & K. Kounenou
42. 15th Panhellenic Conference of Psychological Research on "Psychology in Greece and the Mediterranean". 27-31 May 2015, Nicosia, Cyprus. Announcement titled Food Intake Disorders: Challenges and invitations of Tsitsas G. and Kounenos Kalliopi Tsitsas, G., Pepetsios, G., Sivitanides, M., Christodoulidou, C., Stylianos, E., Christodoulou, C., Georgiadou, S., & Parperis, D. (2016, November). Marched beside me and be my partner: Transforming the relationship? In Tsitsas, G. (chair), Counselling Psychologist PhD.
43. 11th Panhellenic Medical Congress of Obesity, Hellenic Medical Society of Obesity (25-27 February 2016). At the Conference I made an announcement with Mr. Georgantopoulos, Mr. Christodoulakis, Mr. Nanopoulos, and Mr. Pappas on the subject of the Questionnaire of conscious food, a pilot effort to investigate its psychometric characteristics in the student population

44. 7th Panhellenic Conference of Health Promotion & Education 25-26 November 2017
Empowerment of vulnerable populations - the role of Health Promotion. At the Conference I made an announcement with Mr. Zervos and Mr. Chatzidimitriou on the subject: Intervention / Training of meal awareness techniques in an overweight and obese population based on consciousness practices.

45. 7th Panhellenic Conference on Health Promotion & Education 25-26 November 2017
Empowerment of vulnerable populations - the role of Health Promotion.

At the Conference I made an announcement with Mrs. Atsave on the subject: "A.N.T.E.X.O"
Strengthening mental resilience in parents of children with cystic fibrosis. Design, Implementation and Evaluation of semi-experimental study.

46. Workshop: Emotional Eating & Nutrition Patterns for the child, adolescent and adult. 7/4/2017
At the workshop I made an announcement on the subject: "Emotional eating challenges and invitations

47. 7th Panhellenic Congress of Counselling Psychology, 8 - 11 November 2018
Counselling Psychology and Socially Vulnerable Groups: Making the Invisible Visible. At the conference I made an announcement with Mr. Kourmousis, Mr. Kounenos, Mr. Koutras on the subject: The impact of training in social-emotional learning programs on the individual and social skills of Greek teachers

Publications

1. Tsitsas, G., Theodosopoulou, M., Malikiosi-Loizou M., (2012). Interpersonal interaction scale. In: Stalikas, A., Triliva, S., Roussi, M., (ed.), The Psychometric Tools in Greece. Athens: Pedio.
2. Tsitsas, G., Theodosopoulou, M., Malikiosi-Loizou M., (2012). Rathus Assertiveness Scale. In: Stalikas, A., Triliva, S., Roussi, M., (ed.), The Psychometric Tools in Greece. Athens: Ellinika Grammata.
3. Tsitsas, G., (2012). Children's social experience questionnaire. In: Stalikas, A., Triliva, S., Roussi, M., (ed.), The Psychometric Tools in Greece. Athens: Ellinika Grammata.
4. Tsitsas, G., (2012). Behavior questionnaire for preschoolers. In: Stalikas, A., Triliva, S., Roussi, M., (ed.), The Psychometric Tools in Greece. Athens: Ellinika Grammata.\
5. Tsitsas, G., Antonopoulou, Aik., Voutira, Ann., (2012). Questionnaire for the expression of feelings in the family.. In: Stalikas, A., Triliva, S., Roussi, M., (ed.), The Psychometric Tools in Greece. Athens: Ellinika Grammata.
6. Tsitsas, G., Giovazolias, Th., Mitsopoulou, E., & Antonopoulou, Aik. (2012). An Index of Empathy for Children and Adolescents. In Stalikas, A., Triliva, S., & Roussi, P. (Ed. ed.). Psychometric Tools in Greece. Athens: Pedio.
7. Angelopoulos, P, Tsitsas, G , Milionis, H, Blachaki, C and Manios, I.(2006) Psychological and anthropometrical risk factors in the appearance of eating disorders in 11 years old children in the prefecture of Ioannina, Greece. Annals of General Psychiatry, 5, 123.
8. Drosos, N & Tsitsas G., (2006). The assessment of professional maturity as a prerequisite for proper school and vocational guidance. Philosophy and Education, 39-40, 42-44.

9. Angelopoulos P, Tsitsas G, Milionis H, Grammatikaki E, Vlachaki C, Bouloubasi Z, Manios Y. (2008). Association of body weight and gender with self-esteem in schoolchildren. Survey of Ioannina, Epirus, Greece. The Children study. *Annals of General Psychiatry*, 7, 116.
10. Tsitsas G, Vlachaki C. (2008). A psychological and nutritional intervention program in individuals with disordered eating attitudes: a pilot study. *Annals of General Psychiatry*, 7, 117.
11. Drosos, N., & Tsitsas, G. (2009). Philosophical counseling: Reflections on its relationship with counseling psychology. *Philosophy and Education*, 51: 46-48.
12. Koutrouba K., Antonopoulou E., Tsitsas G., and Zenakou E. (2009). An Investigation of Greek Teachers' Views on Parental Involvement in Education. *School Psychology International*, 2009; 30(3): 311 – 328.
13. Paschali, T & Tsitsas, G. (2010). Stress and life satisfaction among university students-a pilot study. *Annals of General Psychiatry*, 9, 96.
14. Antonopoulou, Aik. & Tsitsas, G. (2011). The investigation of the parental typology of the Greek mother: weighting of the Parenting Styles & Dimensions Questionnaire (PSDQ). *Education Sciences*, 2, 51-60.
15. Antonopoulou, Aik. & Tsitsas, G. (2012). The theory of the Mind and its relation to parental typology, in M. Zafiropoulou, P. A. Avagianou, A. Angelosopoulou, F. Garagouni-Araiou & C. Roussi-Vergou (Ed. Edition), *Possibilities and Difficulties of The Child and Adolescent: Cognitive-Behavioral Approaches*. Athens: Pedio.
16. Papanikolopoulou V., Tsitsas G., Kounenou K., Makri-Botsari E.(2012). Exam anxiety, ways of learning and personality dilations of students C Lyceum. "Technological Developments and Didactic Applications in TEE. Innovative actions and growth prospects". Aspete, Athens.
17. Tsitsas, G. (2012). Education in assertive behavior, *Promotion and Education of Mental Health*, 71, 8.
18. Papastylianou A., Giovazolias A. & Tsitsas G. (2014). The interaction of individual and school factors in a school multicultural environment: implications in matters of counseling. Sto, M. Malikiosi & A. Giovazolias (Ed.). *Psychology Counseling: Applications and Challenges*
19. Tsitsas, G. D., & Paschali, A. A. (2014). A Cognitive-Behavior Therapy Applied to a Social Anxiety Disorder and a Specific Phobia, Case Study. *Health psychology research*, 2(3), 1603.
20. Stefanidi, E., & Tsitsas, G. (2015). School Effects on Adolescent Substance Use: Prevention through Interactive and Social Learning Strategies. *Creative Education*, 6, 501-518.
21. Tsitsas, G & Christodoulaki, M. (2015). Integrative Systemic Cognitive Therapy for Anorexia (I.S.C.T.-A): A Case Study. *Pluralism in Psychiatry*. World Psychiatric Accosiation. Medimond Publishing.
22. Tsitsas, G, (2017). How Personality Traits Relate to the Self-esteem of Greek Children and Adolescents with Dyslexia. *Journal of Pedagogic Development*, 7,3,25-33.

23. Kourmousi, N.; Kounenou, K.; Tsitsas, G.; Yotsidi, V.; Merakou, K.; Barbouni, A.; Koutras, V. (2017). Active Empathic Listening Scale (AELS): Reliability and Validity in a Nationwide Sample of Greek Educators. *Soc. Sci*, 6, 113.
 24. Kounenou, K., Gkemisi, S., Nanopoulos, P., Tsitsas, G. (2018). The Psychometric Properties of the Counselor Burnout Inventory in Greek School Counsellors. *Journal of Psychologists and Counsellors in Schools*, 28,1,33-54.
 25. Athanasopoulou, A. , Tsitsas, G. , Psalti, A. , Yotsidi, V. and Kounenou, K. (2018) Greek Teachers' Attitude towards Multiculturalism: Psychometric Properties of the Teacher Multicultural Attitudes Survey Scale (TMAS). *Creative Education*, 9, 2525-2533
 26. Tsitsas, G., Nanopoulos, P., & Paschali, A. (2019), Life Satisfaction, and anxiety levels among University Students. *C.E. (Creative Education)*, Vol.10 No.5, pp.947-961.
 27. Tsitsas, G. (2019). Bond theory and applications in psychotherapy. In Asimaki P. (Ed) *Modern Psychotherapies in Greece*. Asimaki Publications.
 28. Tsitsas, G., & Malikiossi-Loizou, M. (n.d.). Measurement of empathy: Adjustment in Greek and validation of the Interpersonal Reactivity Scale. Unpublished paper. University of Athens.
 29. Briseniou, E., Skenteris, N., Hatzoglou, C., Dragioti, E., Diamantopoulos, E., Tsitsas, G., & Gouva, M. (2020). The Social Representations of Health: A Common Symbolic Place. *Creative Education*, 11, 2176-2192.
 30. Zervos, K., Koletsi, M., Mantzios, M., Skopeliti, N., Tsitsas, G., & Naska, A. (2021). An Eight-Week Mindful Eating Program Applied in a Mediterranean Population With Overweight or Obesity: The EATT Intervention Study. *Psychological reports*, 33294120988104. Advance online publication.
 31. Tsitsas G. (2003). *Assertiveness: Group intervention program to address them*. Athens: Student Counseling Center, Harokopio University of Athens.
 32. Tsitsas G. (2004). *Stress management techniques. Guide to a group intervention program*. Athens: Student Counseling Center, Harokopio University of Athens.
 33. Tsitsas G. (2005). *Counseling for learning disabilities (Notes)*. Thessaloniki: University of Macedonia, Specialization Programs.
 34. Tsitsas G. (2005). *Counseling for alcohol (Notes)*. Thessaloniki: University of Macedonia, Specialization Programs.
- Book editing
35. *Abc in Eating Disorders*, (2013), Parisianou Publications.
 36. *Conduct disorders in childhood and adolescence*, (2013), Parisianou Publications. 37. *Counseling skills for dietitians* (2014), Parisianou Publications.
 38. *Psychology, Science and Understanding*, (2017), Parisianou Publications.
 39. *40 techniques that every consultant ought to know*, (2020), Parisianou publications.
- Books (in the process of being published)

40. Psychological and social effects of multiple sclerosis (2022, under publication), Parisianos publications.

41. A program of training in assertive behavior, (2020, under publication), Parisianou publications.

Chapters (under publication) Leleki, A, and Tsitsas, G. (2021, under publication. Obsessive compulsive disorder from a systemic perspective: a case study. Case studies in Clinical Psychology", edited by Flora Katerina.

LANGUAGES

English: Very good

French: Basics Use of computers

Windows, Word, Excel, SPSS.